MEDICATION LOG (DAILY – ADHERENCE & SUPERVISION)

(Track medication offering, acceptance, refusal, and supervision required.)

Care Recipient: _____

Week of: ____ / ____ / 20____ to ____ / ____ / 20____

Entry #1

Date: ____ / ____ / 20____

Medication Name #1: _____
Medication Name #2: _____
Medication Name #3: _____
Medication Name #4: _____

Type: ☐ **Prescription** ☐ **Supplement** ☐ **PRN / As Needed**

Prescribed Dose & Time: _____

Dose Taken:

☐ AM
☐ Afternoon
☐ PM
☐ Not taken
☐ Unknown

Medication Offered?
☐ Yes
☐ No

Times Medication Was Offered / Reminded:
☐ 1-2
☐ 3-4
☐ 5+

☐ 7+
☐ 10

Medication Taken?
☐ Yes
☐ Inconsistently
☐ No
☐ Unknown

How Medication Was Taken (Observed):
☐ Taken willingly
☐ Taken after reminder(s)
☐ Taken with supervision
☐ Requested by care recipient
☐ Refused

If Refused or Inconsistent, Reason Observed:
☐ Did not believe medication was needed
☐ Fear/paranoia related to medication
☐ Verbal refusal
☐ Nonverbal refusal
☐ Aggressive refusal
☐ Threw away medication
☐ Hid medication
☐ Spit out medication
☐ Unknown
☐ Other: _____

Was Medication Taken in Caregiver's Presence?
☐ Yes
☐ No
☐ Unknown

Supervision Required for This Dose:
☐ None

☐ Some supervision
☐ Continuous supervision

Observed Effects (Objective Only):
(Examples: calmer, more agitation, sedation, confusion, no change)

Caregiver Action Taken:
☐ Documented for monitoring
☐ Re-offered medication later
☐ Contacted provider
☐ Safety concern noted
☐ Other: _____

Entry #2

(Repeat same fields for additional doses as needed)

Daily Notes (Optional – Objective Only):

Overall Adherence Today:
☐ Full
☐ Partial
☐ None

Overall Medication Supervision Required Today:

(Based on what was needed to ensure medication was actually taken)

☐ **Minimal** – reminders only; medication taken without direct monitoring

☐ **Moderate** – repeated reminders or caregiver presence needed

☐ **Continuous** – caregiver had to watch medication be taken to confirm ingestion

This log documents medication offering, adherence, and supervision needs.
It does not replace clinical or pharmacy records.